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## ACHIEVE NUTRITION IS GETTING AN UPGRADE

### Time to spill the tea...

Achieve Nutrition's monthly specials are **UPGRADING** to seasonal menus!

Starting **TODAY**, there will be even more fun drinks to offer you!! These menus will stay for three months! Lasting through November!

To kick things off, our Fall Fashioned menu includes 12 seasonal drinks just in time for your favorite autumn activities! View the menu below to see which drink you'll be tasting first!

Be **Fall Fashioned** with Achieve Nutrition this year!

### Upcoming Hours:

- Sept. 2nd
  - Closed at 2:00

### 1:00 Classes:

- Monday, Sep. 2nd
- Friday, Sep. 13th

### Next Event:

- Awaiting Best of Bellevue 2024 Results

## ATTENTION ATHLETES

As you embark on your sporting seasons, please remember to take care of yourself. This involves proper strengthening, recovery, & injury management. Be sure to also make time for yourself. Every part of you is important. Visit us so **you** can be at **your best** this fall!

Also! If you have a picture for our "**Wall of Fame**," email Carter, and he'll help to get you featured!

## OTHER NOTICES

- We have hired some new talent to the Achieve team! Please join us in welcoming them to the Achieve Family!
- Please keep an eye out for potential new hires to add to our amazing team!
- Thank you to everyone who helped vote Achieve to win **Best of Bellevue 2024!** Results will be shared in a few weeks.
- **Follow** our socials to stay up-to-date and connected throughout the month!